



Pinehurst Anterior Cervical Plate System

Instructions for Use W31-161-004 Rev. E Issue Date: JUL 2026

Caution:

Carefully read all the instructions and be familiar with the surgical technique(s) prior to use of the system. Additional warnings and precautions may be included in the surgical technique or on the label. This product must only be used by trained, qualified persons, aware of the directions for use.

Federal law restricts this device to sale, distribution and use by or on the order of a physician.

Warning: This device is not intended for screw attachment or fixation to the posterior elements (pedicles) of the cervical, thoracic, or lumbar spine.

1 Device Descriptions

Pinehurst Anterior Cervical Plate are supplied individually sterile packed and are intended for single patient use only. Additionally, the subject device is available in a range of sizes to allow correct selection to match the patient's anatomy.

Material: Titanium 6-Aluminium 4-vanadium alloy per ASTM F136

The Pinehurst Anterior Cervical Plate System is a temporary supplemental fixation device available in a variety of sizes to fit the patients differing anatomy. Supplemental screws are used to secure the plates to the vertebral bodies of the cervical spine through an anterior approach. The plates have an integrated locking mechanism that captures the screw upon full insertion, preventing screw-backout.

2 Indications

The Signature Orthopaedics Pinehurst Anterior Cervical Plate Systems is intended for anterior screw fixation to the cervical spine (C2-C7). The System is indicated for use in the immobilisation and stabilisation of the spine as an adjunct to fusions in patients with:

- Degenerative disc disease (as defined by neck pain of discogenic origin with degeneration of the disc confirmed by patient history and radiographic studies);
- Spondylolisthesis;
- Trauma (i.e. fracture or dislocations);
- Tumors;
- Deformity (defined as kyphosis, lordosis, or scoliosis);
- Pseudoarthrosis;
- Failed previous fusion;

- Spinal stenosis

3 Contraindications

The Pinehurst Anterior Cervical Plate System is contraindicated in patients with a systemic infection, with a local inflammation at the bone site, or with rapidly progressive joint disease or bone absorption syndromes such as Paget's disease, osteopenia, osteoporosis, or osteomyelitis. Do not use this system in patients with known or suspected metal allergies. Use of the system is also contraindicated in patients with any other medical, surgical or psychological condition that would preclude potential benefits of internal fixation surgery such as the presence of tumors, congenital abnormalities, elevation of sedimentation rate unexplained by other disease, elevation of white blood cells or a marked shift in white blood cell differential count.

4 Patient Selection Precautions

The following factors may be relevant to the success of the procedure:

- The patient's body weight. An obese patient may place increased loads the device which can lead to premature failure of the device
- The patient's occupation or activity. If the patient is involved in an occupation or activity that involves demanding loading or articulation of the operated spinal segment they should not return to these activities until bony fusion has occurred. Depending on the extent of the activity, or the quality of the bony fusion, the patient may not be able to return to such occupation or activity.
- Mental illness, or substance dependence which may tend to reduce the patients compliance with prescribed precautions and limitations on physical activities, which may cause implant failure or other complications
- Material sensitivity. Patients should be screened for potential sensitivity to the constituent materials composing the device. If sensitivity is suspected, Preoperative tests should be conducted

5 Possible Adverse Effects

Following are specific adverse effects which should be understood by the surgeon and explained to the patient. These warnings do not include all adverse effects that may occur in surgery, but are important considerations particular to the devices included in this document

- Nonunion (pseudarthrosis)
- Bending or fracture of implant
- Early or late loosening of the implant
- Metal sensitivity, or allergic reaction to the implant
- Early or late infection
- Decrease in bone density due to stress shielding
- Pain, discomfort, or abnormal sensations due to the presence of the device
- Various nerve and vascular damage due to the proximity of the implant to major structures

- Bursitis
- Paralysis
- Dural tears experienced during surgery could result in the need for further surgery, a chronic CSF leak or fistula and possible meningitis
- Death
- Damage to lymphatic vessels and/or lymphatic fluid
- Spinal cord impingement or damage
- Cessation of growth of the operated portion of the bone
- Fracture of bony structures, or penetration of the implant into the bone
- Bone formation around and through the implant making removal difficult
- Screw back out, possibly leading to implant loosening, and/or reoperation for device removal
- Post operative change in spinal curvature, loss of correction, height and / or reduction
- Degenerative changes or instability in segments adjacent to fused vertebral levels

6 Patient Consent

As with all surgical procedures, the patient should be made aware of the risks and possible adverse effects. In particular the patient should be warned of limitations of the devices being implanted, including the limited expected service life of the device and the possible requirement for revision surgery to replace worn or damaged implant or to correct device malfunctioning.

7 Preoperative

Care should be taken when handling the Pinehurst anterior cervical plate system components to avoid damaging the devices. Denting, notching or scratching can greatly reduce the compression strength, fatigue resistance or wear properties of the components potentially leading to fracture or failure of the devices. Surgical technique information is available for the subject devices. The surgeon should familiarise themselves thoroughly with the technique prior to consideration of the use of the devices for any specific patient.

Implants are only to be used with approved Signature Orthopaedics instrumentation. The surgical instrumentation prescribed within the technique for the implantation of these devices should not be used for any other device or in a manner contrary to its intended use. Failure or breaking of instruments can occur. Instruments have a limited service life and should be examined for wear or damage and replaced prior to surgery if required.

Instrumentation should be sterilised according to the manufacturer's protocols. Do not resterilise component parts which have been assembled, or implants connected to surgical instruments. Do not cool hot components in cold water.

The Signature Orthopaedics Pinehurst anterior cervical plate has not been evaluated for safety and compatibility in the MR environment. They have not been tested for heating, migration, or image artifact in the MR environment. Signature Orthopaedic does not recommend MR imaging for any patients implanted with product

from their spinal implant range without prior consultation with an expert radiologist for assessment of potential adverse events such as device movement, localized burns, torsional or shear strain on the implanted device.

Signature Orthopaedics’ Pinehurst anterior cervical plate is non-pyrogenic. The subject implant had non-pyrogenicity validated to endotoxin levels below 20EU/device, thus meeting USP guidelines for non-pyrogenicity.

8 Intraoperative

Correct implant selection is extremely important. The use of preoperative imaging, templating and the intraoperative use of trial components is recommended to facilitate the choice of an optimum size. The patients overall anatomical and medical condition should also be considered in conjunction with age, expected activity level, life expectancy and potential for future revision surgeries. The incorrect selection of implant size may result in failure of the device and/or bone.

Implants should be inspected before use. Do not use any implants that have visible damage such as chipping or bending. Do not use any implants that have been dropped on the floor.

Implants removed from the patient at revision surgery should never be re-implanted as the fatigue state of the implant cannot be determined by visual examination. Removed implants must be treated as biological hazards and are required to be treated or disposed of according to the country’s waste regulations where the implant is removed.

The wound site should be thoroughly cleaned of bone and other debris before closure.

9 Postoperative Care

External immobilization is recommended until X-rays confirm the formation of the fusion mass. Instructions to the patient to reduce stress on the implants are an important part of the attempt to avoid the occurrence of clinical problems that may accompany fixation failure.

10 Packaging and Labeling

Components should only be used if the factory packaging and labeling are intact. If the sterile barrier has been broken, return the component to Signature Orthopaedics.

11 Cleaning and Sterilization

A complete guide for reprocessing reusable instruments is provided with each set of non-sterile reusable instruments.

12 Storage and Handling

Implants and instruments are to be stored in dry, clean surroundings at room temperature, in their original packaging or sterilisation tray respectively.

13 Limited Warranty / Liability

Signature Orthopaedics products are sold with a limited warranty to the original purchaser against defects in workmanship and materials. Any other express or implied warranties, including warranties of merchantability or fitness, are hereby disclaimed.

Signature Orthopaedics Europe Ltd. shall not be liable for any incidental or consequential loss, damage, or expense, directly, or indirectly arising from the use of this product. Signature Orthopaedics Europe Ltd. neither assumes nor authorizes any other person to assume for it any other or additional liability or responsibility in connection with this product. Signature Orthopaedics Europe Ltd. intends that these instruments should be used only by physicians with appropriate training in orthopaedic surgical techniques.

14 Contact Information

If more than 2 years have elapsed between the date of issue/revision of this document, and the date of patient consultation, contact the appropriate Signature Orthopaedics location for current information. For further information or questions pertaining to sales and service, please contact your local sales representative or the appropriate Signature Orthopaedics location as listed below

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15 Glossary of Symbols

SYMBOL	TITLE	EXPLANATORY TEXT	STANDARD REFERENCE
	Catalogue Number	Indicates the manufacturer's catalogue number so that the medical device can be identified.	ISO 15223-1 Ref # 5.1.6 FDA Recognition #5-148
	Batch Code	Indicates the manufacturer's batch code so that the batch or lot can be identified.	ISO 15223-1 Ref # 5.1.5 FDA Recognition #5-148

	Consult instructions for use	Indicates the need for the user to consult the instructions for use.	ISO 15223-1 Ref # 5.4.3 FDA Recognition #5-148
	Do not re-sterilize	Indicates a medical device that is not to be re-sterilized.	ISO 15223-1 Ref # 5.2.6 FDA Recognition #5-148
	Do not re-use	Indicates a medical device that is intended for one use, or for use on a single patient during a single procedure.	ISO 15223-1 Ref # 5.4.2 FDA Recognition #5-148
	Do not use if package damaged	Indicates that a medical device that should not be used if the package has been damaged or opened and that the user should consult the instructions for use for additional information.	ISO 15223-1 Ref # 5.2.8 FDA Recognition #5-148
	Symbol for Prescription Device	Caution: Federal law restricts this device to sale by or on the order of a physician.	Guidance for Industry and FDA on Alternative to certain Prescription Device Labelling Requirements
	Sterilized by Ethylene Oxide	Indicates a medical device that has been sterilized using ethylene oxide.	ISO 15223-1 Ref # 5.2.3 FDA Recognition #5-148
	Date of Manufacture	Indicates the date when the medical device was manufactured.	ISO 15223-1 Ref# 5.1.3 FDA Recognition #5-148
	Manufacturer	Indicates the medical device manufacturer.	ISO 15223-1 Ref # 5.1.1 FDA Recognition #5-148
	Use-by-date	Indicates the date after which the medical device is not to be used.	ISO 15223-1 Ref # 5.1.4 FDA Recognition #5-148
	Caution	Indicates that caution is necessary when operating the device or control close to where the symbol is placed, or that the current situation needs operator awareness or operator action in order to avoid undesirable consequences.	ISO 15223-1 Ref # 5.4.4 FDA Recognition #5-148
	Keep Dry	Indicates medical device that needs to be protected from moisture.	ISO 15223-1 Ref # 5.3.4 FDA

			Recognition #5-148
	Temperature Limit	Indicates the temperature limits to which the medical device can be safely expose.	ISO 15223-1 Ref # 5.3.7 FDA Recognition #5-148
	Distributor	Indicates the entity distributing the medical device into the locale.	ISO 15223-1 Ref # 5.1.9 FDA Recognition #5-148